

## **Trudy Pring Counselling Services.**

- BACP Accredited Counsellor
- UKRCP Registered Independent Counsellor
- Diploma in Integrative Counselling  
(Theoretical orientations covered: Person Centred, CBT, Gestalt, Psychodynamic & Solution Focused.)
- EMDR for Trauma Level 1, 2 & 3
- OCN Diploma in Supervision
- Diploma in Cognitive Behavioural Therapy
- Couples Counselling Part 1
- Solution Focused Counselling
- Helping Women Recovery from Trauma  
(Dr Stephanie Covington Ph.D. L.C.S.W)
- Working with Young People who self-harm
- DANOS Dual Diagnosis Training
- 'Sex Talk', talking about sex in the consulting room
- Working with Trauma disorders
- Conflict Management Skills
- Safeguarding Vulnerable Adults & Child Protection
- Substance Misuse Training
- FDAP Interpersonal Group Therapy
  
- Therapeutic Needs of Looked after children
- Attachment, Separation & Loss Issues
- Care and Administration of Medicines
- Child Protection
- Working with Challenging Behaviour
- Infection Prevention and Control

